Gym South Gymnastics & Cheerleading
COACH CLASS SCHEDULE
Phone: 770-461-5528

2010 Classes

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	Class	Coach	Class	Coach	Class	Coach	Class	Coach	Class	Coach	Class	Coach
9:00 AM											GIRL'S GYM TRIAL	TONI
											PRESCHOOL TRIAL	STEFAN
											TWINKLE	CANDACE
											SHINING	CHELSEY
10:00 AM					DROP IN PLAY 10 A.M- 12 NOON		DROP IN PLAY 10 A.M- 12 NOON				SHINING	STEFAN & CHELSEY
											BRONZE & SILVER (F)	TONI, CANDACE
11:00 AM					DROP IN PLAY 10 A.M- 12 NOON		DROP IN PLAY 10 A.M- 12 NOON				TUMBLING TRIAL	STEFAN
											TWINKLE	CHELSEY & TONI
											TUMBLING 1 & 2	CANDACE & QUINTON
12:00 PM											SHOOTING	TONI & CANDACE
											SUPERTOTS	CHELSEY
12:15 PM											BRONZE & SILVER (M)	QUINTON
1:00 PM					DROP IN PLAY 1 P.M- 3 P.M.						BRONZE & SILVER (F)	CANDACE, CHELSEY
2:00 PM					DROP IN PLAY 1 P.M- 3 P.M.				TWINKLE & SHINING	LAUREN		
3:00 PM									HOMESCHOOL	LAUREN		
4:00 PM	BOY'S GYM TRIAL	STEFAN	GIRL'S GYM TRIAL	CANDACE	BRONZE & SILVER(F)	LAUREN, ERICA	REC COMP 2 HR (F)	CANDACE	SHOOTING	CANDACE		
	PRETEAM	LAUREN			DANCE/TUMB BEGIN (3-5)	TONI	PRETEAM	LAUREN				
	BRONZE & SILVER (F)	CANDACE										
	HIP HOP/JAZZ BEG & INTER (6+)	TONI										
5:00 PM	SUPERTOTS	BECKY	TUMBLING TRIAL	DURAND	REC COMP (M) 2HR	AJ	PRESCHOOL TRIAL	TONI				
	SUPERNOVA	CANDACE	SHOOTING	TONI	SHINING	ERICA & CANDACE	BALLET (5-12)	SUZANNE				
	BRONZE & SILVER(M)	AJ	BALLET (3-4)	SUZANNE	YOUTH TUMB 1	DURAND						
	HIP HOP/JAZZ ADVANCE (6+)	TONI			DANCE/TUMBLING INTER (6+)	TONI						
6:00 PM	SHOOTING	CANDACE	TUMBLING 1 & 2	DURAND & TONI	TWINKLE	ERICA	BRONZE & SILVER(F)	RICK, LAUREN	DANCE TEAM	TONI		
	TUMBLING 1&2	DURAND & LAUREN	BRONZE & SILVER(F)	RICK & KAT	TUMBLING 1& 2	CANDACE	TUMLBING 1 & 2	AJ	ACF SENIORS(ONLY)	TUMBLING- AJ		
	SHINING	BECKY			ACF MINI	TONI	GOLD (F) 1.5 HR.	LAUREN & CANDACE				
	ACF MINIS	TONI			DANCE TEAM	TUMBLING- AJ						
	ACF JUNIORS(ONLY)	TUMBLING- AJ										
7:00 PM	TUMBLING1 & 2	DURAND	TUMBLING 3 & 4	AJ	DANCE TEAM	TONI	BRONZE & SILVER (M)	RICK	FRIDAY FUN NIGHT			
	BRONZE & SILVER(F)	LAUREN	ACF SENIORS	TONI	OPEN TUMBLE		TUMBLING 3 & 4	AJ	ACF SENIORS	TONI		
	BRONZE & SILVER(M)	STEFAN					ACF JUNIORS	TONI				
	ACF JUNIORS	TONI										
	ACF MINI (ONLY)	TUMBLING- AJ										
8:00 PM	ADULT	AJ										
	TUMBLING 3 & 4	STEFAN										