Gym South Gymnastics & Cheerleading
COACH CLASS SCHEDULE
Phone: 770-461-5528

2010 Classes

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	Class	Coach	Class	Coach	Class	Coach	Class	Coach	Class	Coach	Class	Coach
9:00 AM											GIRL'S GYM TRIAL	TONI
											PRESCHOOL TRIAL	STEFAN
											TWINKLE	CANDACE
											SHINING	ERICA
10:00 AM					DROP IN PLAY 10 A.M- 12 NOON		DROP IN PLAY 10 A.M- 12 NOON				SHINING	STEFAN & ERICA
											BRONZE & SILVER (F)	TONI, CANDACE, NATASHA
11:00 AM					DROP IN PLAY 10 A.M- 12 NOON		DROP IN PLAY 10 A.M- 12 NOON				TUMBLING TRIAL	STEFAN
											TWINKLE	ERICA & TONI
											TUMBLING 1 & 2	CANDACE & BRANDON
12:00 PM											SHOOTING	TONI & CANDACE
											SUPERTOTS	STEFAN
											BRONZE & SILVER (M)	BRANDON & AJ
1:00 PM					DROP IN PLAY 1 P.M- 3 P.M.						BRONZE & SILVER (F)	STEFAN, CANDACE, ERICA
2:00 PM					DROP IN PLAY 1 P.M- 3 P.M.				TWINKLE & SHINING	NATASHA		
									HOMESCHOOL	STEFAN		
4:00 PM	BOY'S GYM TRIAL	STEFAN	SUPERNOVA	LAUREN & ERICA	BRONZE & SILVER(F)	CANDACE, ERICA, NATASHA	PRESCHOOL TRIAL	TONI	SHOOTING	LAUREN		
	HIP HOP/JAZZ (6-8)	TONI	PRETEAM	NATASHA			PRETEAM	NATASHA				
	BRONZE & SILVER (F)	LAUREN & ERICA					REC COMP 2 HR (F)	LAUREN				
4:30 PM					DANCE/TUMBLING (3-8)	TONI			BALLET (3-5)	WHITNEY		
5:00 PM	SUPERTOTS	BECKY	TUMBLING TRIAL	DURAND	REC COMP. (M) 2HR	AJ	TWINKLE	TONI	TUMBLING 1 & 2	DURAND		
	SUPERNOVA	ERICA & STEFAN	SHOOTING	TONI & ERICA	SHINING	ERICA & CANDACE	BRONZE & SILVER(M)	RICK				
	BRONZE & SILVER(M)	AJ			YOUTH TUMB 1	DURAND						
	HIP HOP/JAZZ (9+)	TONI										
5:30 PM	GOLD (F) 1.5HR	LAUREN							BALLET (5-12)			
6:00 PM	SHOOTING	CANDACE & ERICA	GIRL'S GYM TRIAL	ERICA	TWINKLE	ERICA	BRONZE & SILVER(F)	LAUREN, RICK, NATASHA				
	TUMBLING 1&2	DURAND	TUMBLING 1 & 2	TONI & DURAND	TUMBLING 1& 2	CANDACE & DURAND	TUMLBING 1 & 2	DURAND & TONI				
	SHINING	BECKY	BRONZE & SILVER(F)	RICK & KAT	ACF MINI	TONI						
	ACF MINI	TONI										
	ACF (ONLY) TUMBLING	AJ										
7:00 PM	TUMBLING1 & 2	DURAND & AJ	TUMBLING 1 & 2	DURAND	DANCE/TUMBLING (9+)	TONI	BRONZE & SILVER (M)	RICK	FRIDAY FUN NIGHT			
	BRONZE & SILVER(F)	LAUREN	TUMBLING 3 & 4	AJ	OPEN TUMBLE		GOLD (F) 1.5 HR.	LAUREN & RICK	ZUMBA			
	BRONZE & SILVER(M)	STEFAN	ACF SENIOR	TONI			ACF SENIOR	TONI				
	ACF MINI (ONLY) TUMB	CANDACE & TONI					TUMBLING 3 & 4	AJ				
8:00 PM	ADULT	AJ					TUMBLING 3 & 4	AJ				
	TUMBLING 3 & 4	STEFAN & DURAND										